

Beneficiary

Proceeds will go to Breakthrough Corporation to improve the lives of adults with autism.

Volunteer

If you would like to sign up to volunteer to work race day or be a peer volunteer for a Breakthrough Buddy, please go to www.breakthroughknoxville.com and complete a volunteer form. Volunteers are encouraged to register for the race too, we can use both your race day assistance and financial support.

Contact

Race Director, Tom Beeson
info@breakthroughknoxville.com

Results

Results will be posted on the KTC and the Total Race Solutions web pages:
www.ktc.org
www.totalracesolutions.com

Course Etiquette

Anyone who is abusive to volunteers or displays unsportsmanlike conduct will be disqualified. No roller blades, bicycles, or dogs allowed on the course. Use of earphones is strongly discouraged.

Race Packet

Packet pickup at Fleet Feet, Turkey Creek Thursday and Friday before the race during store hours. Packets will also be available the morning of the race.

Team Categories

There will be four team categories. The team award will be given for the LARGEST teams, not the fastest teams (as in the past):

- Community Team
- Corporate Team
- Church Team
- School Team

This race is a participating event in the TN Grand Prix Race Series (www.tngrandprix.com)



Breakthrough is a not-for-profit company founded by parents of children with Autism that is changing how services are provided to adults with Autism in East Tennessee. We offer: residential services; in-home supports; a Saturday therapeutic recreation program; day activities focusing on lifelong education, job skill development and community integration; and also host a social group for adults with Asperger's Syndrome. Our largest project is the construction of a neighborhood in South Knoxville.



Runners take off from the starting line at the Breakthrough Run for Autism.



6th Annual

BREAKTHROUGH 5k Run/Walk and 1 Mile Fun Walk for Autism!

April 14, 2012 · 8:00 a.m.



5k Run/Walk and 1 Mile Walk

Spring Fling Series
Run for the Schools 4/7/12
Run for the Deaf 5/5/12

www.breakthroughknoxville.com
(865) 335-3298



BREAKTHROUGH
improving the lives of adults with autism

Race Director:

Tom Beeson

Honorary Race Chair:

Lori Tucker WATE-TV

Location

Starts and finishes at Regal Cinemas Pinnacle Stadium 18 at Turkey Creek.

Course Description

USATF certification of the course is in process. There will be chip timing. The course is relatively flat and runs through quiet neighborhoods behind Turkey Creek Development. WALKERS WELCOME!

Registration Fees

Runners may pre-register or sign up the morning of the race from 7:00 until 7:30 a.m. at the Pinnacle Stadium parking lot. Pre-registration fee (postmarked by April 5) \$20.00. After April 5th, including day of race, registration is \$25.00. Donate \$5.00 with the NO SHIRT option.

T-Shirt

First Quality 100% cotton. Pre-reg. runners receive shirts with packet pick up. Must be registered by 4/5/2012 to be guaranteed a t-shirt. Race day registrants, as supplies last.

Breakthrough Buddy

Any Individual with a disability who would like special recognition may register in this category. If you would like a volunteer to be available to walk or run with the Breakthrough Buddy, please indicate on the entry form. **Be sure to check in at the Breakthrough Buddy tent/table on race day.** We encourage individuals with disabilities to participate!

Awards

Custom designed awards to the top three overall, 1st Masters (40+) 1st Grandmasters (50+), 1st Veterans (60+) male and female. Overall winners are not eligible for age division awards. Other awards three deep in the following age divisions. MALE & FEMALE: 10 and under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+.

PLEASE READ. TO PARTICIPATE YOU MUST SIGN AND DATE THIS FORM.

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my family, my heirs, executors, and administrators, forever waive, release & discharge any and all rights & claims for damages & causes of suit or action known or unknown, that may have against Breakthrough Corporation, The City of Knoxville, The Town of Farragut, Colonial Properties, Regal Cinemas, Total Race Solutions and all other political entities, all independent contractors & construction firms working on or near the course, all Race Committee persons, Officials & Volunteers, & all sponsors of the race, & related Race Events & their officers, directors, employees, agents & representatives, successors, & assigns, for any and all injuries that may be suffered by me in this event. I expressly agree that this Release is intended to be as broad and inclusive as permitted by the laws of the State of Tennessee.

I attest that I am physically fit, am aware of the dangers & precautions that must be taken when running in warm or cold conditions, & have sufficiently trained for the completion of this event. I also agree to abide by any decision of an appointed medical official relative to my ability to safely continue or complete the run. If I am unable to consent at the time due to injury or illness, I hereby consent to the administration of first aid and other emergency medical treatment for such injury or illness that occurs during any of my participation in the Event. Further, I hereby release and forever discharge the Released Parties from any claim whatsoever which arises or may hereafter arise on account of any first-aid treatment or other medical services rendered as contemplated hereunder. I further assume and will pay my own medical & emergency expenses in the event of an accident, illness or other incapacity regardless of whether I have authorized such expenses.

Further, I hereby grant full permission to the Breakthrough Corporation, Total Race Solutions and/or agents hereby authorized by them, to use any photographs, videotapes, motion pictures, recording, or any other record of this event for any legitimate purpose at any time. I further understand that there are no entry refunds, exchanges, transfers or rollovers, and that the event may be cancelled due to severe weather conditions, natural disasters, or threats to local and national security including suspected terrorist activity. I understand if I use a MP3 player, IPOD, headset, cell phone or other electronic device while participating in the event, I will do so in a reasonable way using common sense and awareness of those around me. I have read this waiver carefully & understand it.

I agree to the Athlete's Release

Athlete's Signature

Parent's Signature if under 18

Date

Fill out form completely and mail with entry fee to:

Breakthrough
1805 Maryville Pike
Knoxville, TN 37920

Race Number _____ (Office Use Only)

Name: Last _____

First _____

Sex: M or F Birth date: ___/___/_____

Address: _____

City: _____

State: _____ Zip _____

Phone #: () _____

Email: _____

Age (as of 4/14/11) _____

In case of emergency, notify: _____

Phone: _____

T-Shirt Size: **Youth** S M **Adult** S M L XL XXL XXXL

Donate the cost of my shirt: No shirt option _____

Breakthrough Buddy _____ check in at table

Need Breakthrough Buddy Volunteer assistance?

Yes No

Spring Fling Registrations: Yes No

Breakthrough Run/Walk for Autism:

5k _____ 1 mile _____

Early Registration Fee: \$20.00

Registration Fee (Postmarked after 4/5/2012): \$25.00

K-12 Students: \$10.00

Sleeping but supporting (mailed): \$25.00

Additional tax-free donation:* _____

Total: _____

**Race registration fees just cover our race expenses, please consider making an additional donation to further our cause.*

Team Participants:

___Community ___ Corporate ___ Church ___ School

Team Name _____

Team Captain(s) _____

*Please make checks payable to **Breakthrough**. Sorry, no refunds.*